

Using the Book “My Best with Honour” in our Programmes

This book tells the stories of 12 Singaporeans whose lives have been transformed by their scouting experience. Each of the personalities featured have lived by their scout laws and promise through challenging times, bringing them success in their chosen career and as good citizens and responsible adults.

We hope to inspire our young scouts with these stories, reinforce in them our scouting values so that the values will be the anchor which enable them to succeed in their own lives.

Ideas on how the book can be used:

- Give the books away to your scouts, get them to read them at home and to write a short paragraph each on the personality/story which inspires them the most. Reproduce these reflections in the unit journal.
- Organise a dedicated session to discuss the stories using the lesson guides which are attached. This is most suitable for older scouts and can be held in conjunction with World Scout Day or other special celebrations.
- Before an outdoor activity, get the scouts to read the story which is most relevant to the activity. For example, Dr Kumaran’s story would be most relevant to expeditions and hikes which require endurance and fitness. After the activity is completed, gather the scouts together and ask them to reflect on their own experience and share how Dr Kumaran’s story has inspired them during the activity.
- Similarly, during the campfire in camp, you may want to include in your yarn a relevant story from the book and share what lessons you have drawn from it.

Lesson 1 [60 mins]

1 Focus	How Individuals live by the Scout Promise and Law
2 Questions	<ol style="list-style-type: none"> 1. What are the guiding principles, values and attitudes necessary during challenging situations? 2. How are these principles, values and attitudes aligned to the Scout Promise and Law? 3. Share how you can apply what you have learnt from these contributors. 4. What are some actions we can take to inspire others to also act appropriately?
3 Takeaways	<ol style="list-style-type: none"> 1. How has Scouting influence the decision making process of the contributors' adult life? 2. How can Scouting values be cultivated and infused into our daily life?

TEACHING STRATEGY

- Get Scouts into their **Patrols**.
- Number off the Scouts from 1 to 4 such that each patrol has at least one person assigned to each number.
- Get Scouts who are assigned the same number to group up (all 1s together, all 2s together, etc.).
- Each of these groups is an **expert** group. If the group is too large, divide the group into two.

Strategy: JigsawPart 1

- Ensure all members have a copy of My Best with Honour.
- Chapter 1 : Lui Pao Chuan
- Chapter 2: Leo Tan Wee Hin
- Chapter 3: Moses Lim Aik Ming
- Chapter 4: Eugene Seow
- In each **expert** group, Scouts are to:
 - Read the story in the assigned chapter.
 - Prepare a summary of the story.
 - Discuss the following question: **What have you learnt from Contributor's life in this story?**
- Remind Scouts that every one of them should take notes so as to share with their patrol later on.
- Allow students about 10 minutes for their **expert** group discussion.

Part 2

- Get students to return to their **Patrols**.
- In each Patrol, Scouts are to:
 - Take turns to share the summary and discussion points for each contributors. Let them know that there are 4 contributors in total.
 - Share how they can apply what they have learnt from each contributor.
 - Choose one person to present the **Patrol's** reflections to the class.

(Note: If there is more than one Scout assigned the same chapter, you may wish to ask one Scout to present the summary and the other to share what he/she learnt from the chapter.)

Lesson 2 [60 mins]

1 Focus	How Individuals live by the Scout Promise and Law
2 Questions	<ol style="list-style-type: none"> 5. What are the guiding principles, values and attitudes necessary during challenging situations? 6. How are these principles, values and attitudes aligned to the Scout Promise and Law? 7. Share how you can apply what you have learnt from these contributors. 8. What are some actions we can take to inspire others to also act appropriately?
3 Takeaways	<ol style="list-style-type: none"> 3. How has Scouting influence the decision making process of the contributors' adult life? 4. How can Scouting values be cultivated and infused into our daily life?

TEACHING STRATEGY

- Get Scouts into their **Patrols**.
- Ensure all members have a copy of My Best with Honour.
- Assigned each Scout to read a chapter.
- Chapter 5 : Stephanie Seow
- Chapter 6: Joshua Chin Zen Jie
- Chapter 7: Kumaran Rasappan
- Chapter 8: Englebert Eagle Alan Ho Soo Seng

Strategy 1: Read-Think-Wonder

- Pause after 5 minutes and facilitate a discussion with the following questions:
 - Why do you think the Contributors are doing all this?
 - Have you wondered what does he/she get in return for doing this every day?
- At the end of the reading, facilitate a discussion with the following questions:
 - Do you think helping someone can make a difference in our own lives?
 - How has helping someone regularly made a difference in your life?
- Get Scouts to share with each other about something good that they do for others regularly even though they get nothing in return.

Strategy 2: Exit Pass

Get Scouts to respond to one of the following statements on post-its:

- Even though I get nothing in return, I continue to do it because...
- Even though I get nothing in return, I will start to...

Lesson 3 [60 mins]

1 Focus	How Individuals live by the Scout Promise and Law
2 Questions	<ol style="list-style-type: none"> 9. What are the guiding principles, values and attitudes necessary during challenging situations? 10. How are these principles, values and attitudes aligned to the Scout Promise and Law? 11. Share how you can apply what you have learnt from these contributors. 12. What are some actions we can take to inspire others to also act appropriately?
3 Takeaways	<ol style="list-style-type: none"> 5. How has Scouting influence the decision making process of the contributors' adult life? 6. How can Scouting values be cultivated and infused into our daily life?

TEACHING STRATEGY

- Get Scouts into their **Patrols**.
- Ensure all members have a copy of My Best with Honour.
- Assigned each Scout to read a chapter.
- Chapter 9 : Abdullah Tarmugi
- Chapter 10: Andrew Chua
- Chapter 11: Henry Chia
- Chapter 12: Tommy Koh

Strategy: Deciding Line & Storytelling Chair

- Ask Scouts to step in or out of the deciding line based on whether they agree or disagree with the discussion statement posed.
- Pose statements to Scouts and allow them to respond.
- Ask Scouts to step in or out of the deciding line to show their response.
- Guiding Questions:
 - Recipient
 - If I am presented with a similar situation (lost in the woods, suffering from illness, jobweek, etc), what will I do?
 - What was I feeling?
 - Are there any additional training that I need that can help me navigate the same situation?
 - Bystander
 - I noticed that someone is in need of assistance, what can I do?
 - What else can I do to improve the situation?
 - How is the person feeling?

- Invite any student to sit on the chair and begin telling the story of his own experience. Other students can replace the student speaking to share a relevant experience.
- Draw students to consider the impact of being a bystander in such situations and to think about what they can do to make a difference.
- Guide students to consider the roles of characters who are directly or not directly involved in such an experience and what they can do to make a difference.

Consolidate students' learning by eliciting response on how they can help others learn more about them. Ask students how they can learn more about others.